

## Skagit County Child and Family Consortium

### Meeting Notes

March 21, 2012

#### 1. Welcome and Introductions

#### 2. Updates on Mini-Grant Programs

- Skagit Family Study Center –Concrete Anger Management Group. Chuck Britt and Mardi Berkhouse presented. Group works with youth in Concrete on issues of exposure to violence –especially domestic violence and neglect. The youth are great survivors. They are learning the means to productively deal with their anger and how to do self-care. The group has prevented at least two serious risks for suicidal behavior and one attack on the school.
- Brigid Collins House – Stewards of Children. Kathryn Lyons presented. Please see attached program description.
- United General Hospital – Varsity in Volunteerism. Lisa Mitchell presented. 26 students are participating. Volunteer opportunities for participating youth have been linked to the program. WorkSource training is included in the program. Three trainings are mandatory; two are elective. The program will recognize students with pins at an end-of-the-year banquet. Sadly, Lisa is leaving for a new job – the Arthritis Foundation in Bellingham. Carol Hawk will be taking over Lisa’s Varsity in Volunteerism duties. United is planning to expand the program to countywide through a VISTA position. Participating youth had the opportunity to present to youth groups statewide. WWU students are creating a social marketing program to promote Varsity in Volunteerism.
- Cultura y Compaci3n: Unity in Our Community. April 20<sup>th</sup> 8:30 am 3:30 pm at SVC. See attachment of announcement. This forum, focusing on the development of multi-cultural competencies, is being presented by Skagit Valley College, DCFS, EDASC and Community Services. This will be held in lieu of next SCCFCC, but include many SVC students and other local stakeholders. The morning workshop will be led by Roberto Bahruth of Boise State University and Luis Vazquez of New Mexico State University. The afternoon will follow the World Caf3 model of facilitated small discussion groups.
- Family Policy Council --- State budget funding in serious jeopardy. House and Senate are currently in special session negotiating. Lyndie will send out an e-mail soon reading opportunities to contact the legislature to support FPC funding.

#### 3. Roundtable Announcements

- Karen Rose – You can vote for the Skagit Y for Live Strong through Friday. Y is competing for votes. Go to the Skagit YMCA website and vote. The Step Up program has a goal of \$65,000 for scholarships. The Connections Conference will be this Saturday for early childhood providers and parents.
- Chuck Britt -- Skagit Family Study Center – parent’s group every Wednesday at 6 pm. Also, the center houses a gallery with exhibits, performances and seminars.
- Brian Humphrey – WorkSource – youth employment workshop in late May. Focuses on instructing youth on how to get a job. The program brings employers to connect with the youth participants.

- Jennifer Walton – Skagit County Health Department – brought outdated media with great content for parenting skills.
- Jen Angelis - Sedro-Woolley School District and Sedro-Woolley Community Resource Group – the program bringing backpacks and food to students has been expanded to Mary Purcell Elementary.