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Underage Drinking in Skagit County

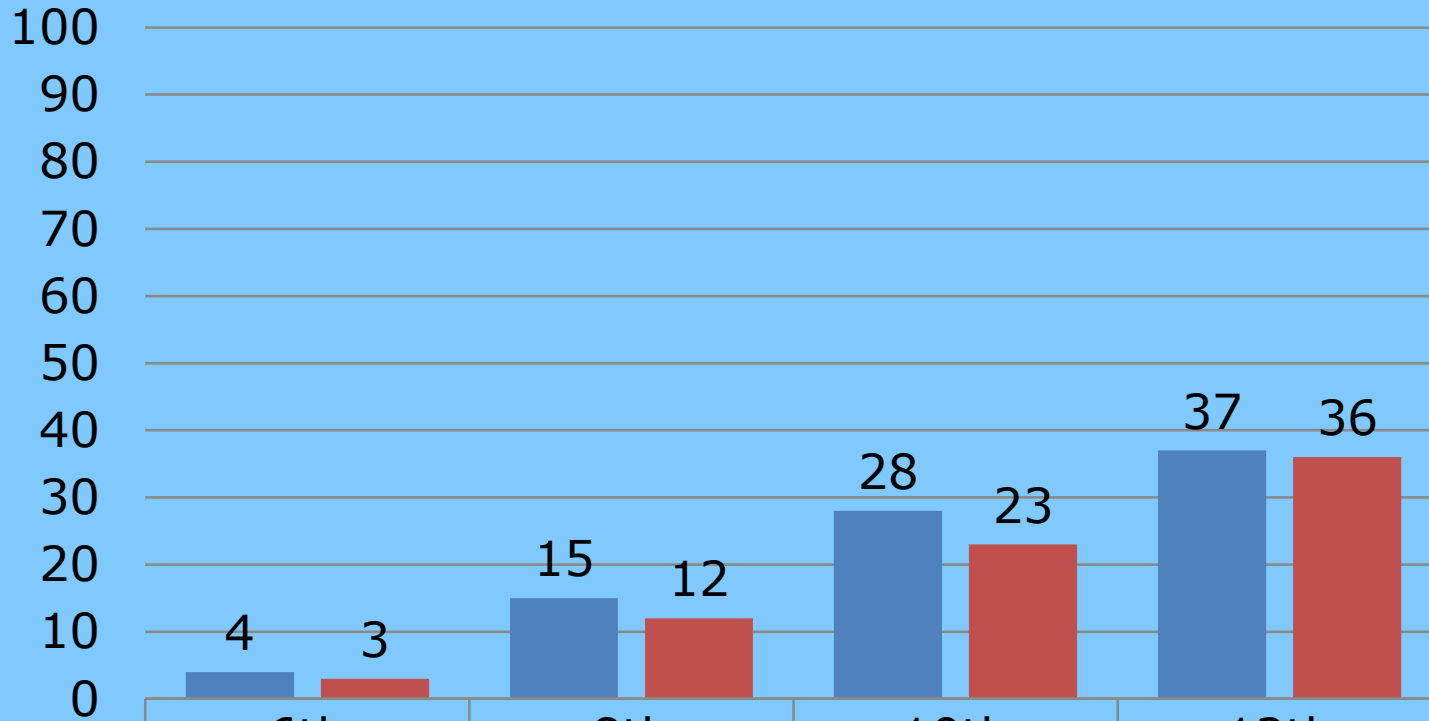
March 19, 2014

What are Skagit Youth Telling Us?

Excerpts from the Healthy Youth Survey 2012



Current (past 30 days) Alcohol Use

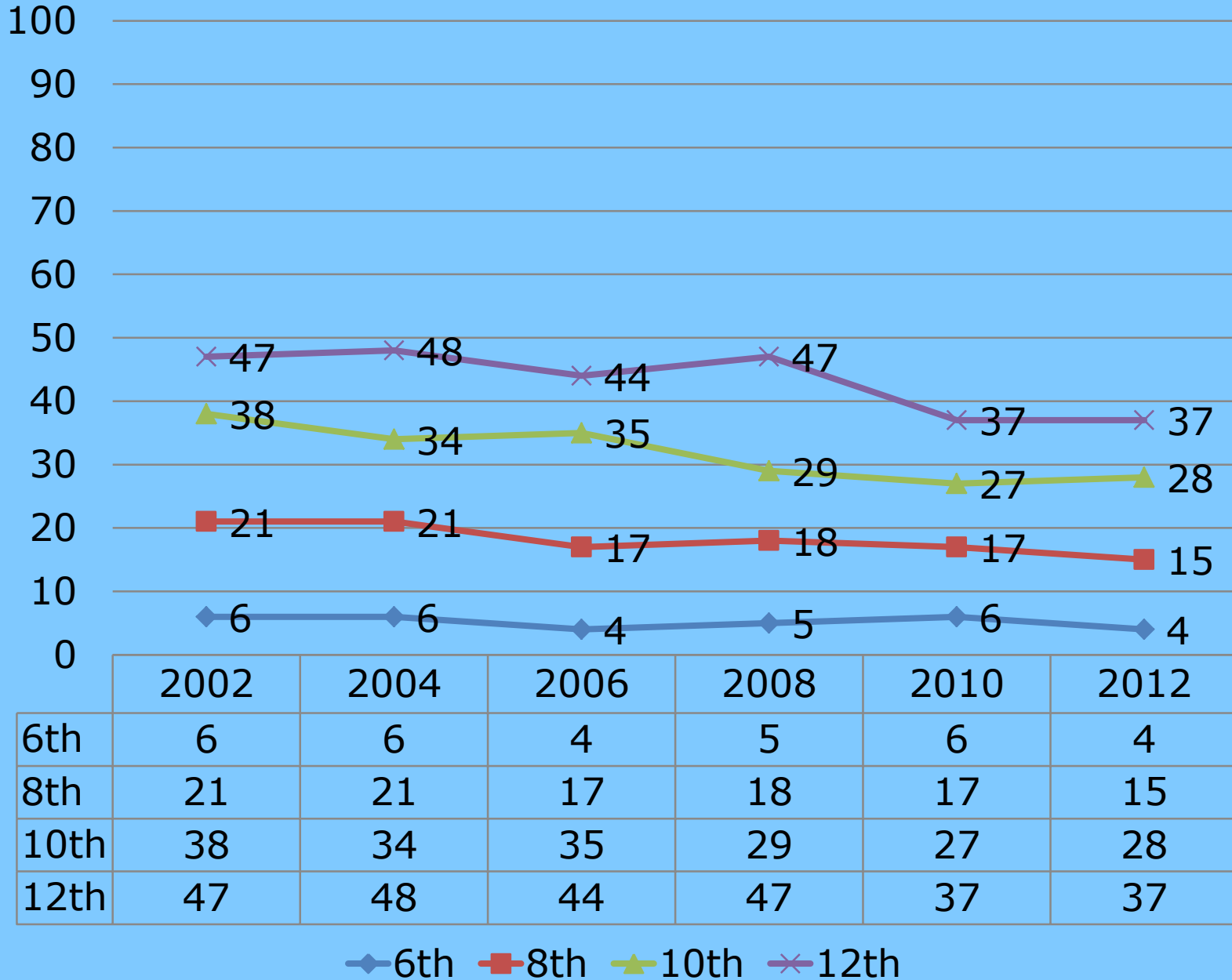


	6th	8th	10th	12th
Skagit Co.	4	15	28	37
WA State	3	12	23	36

■ Skagit Co. ■ WA State

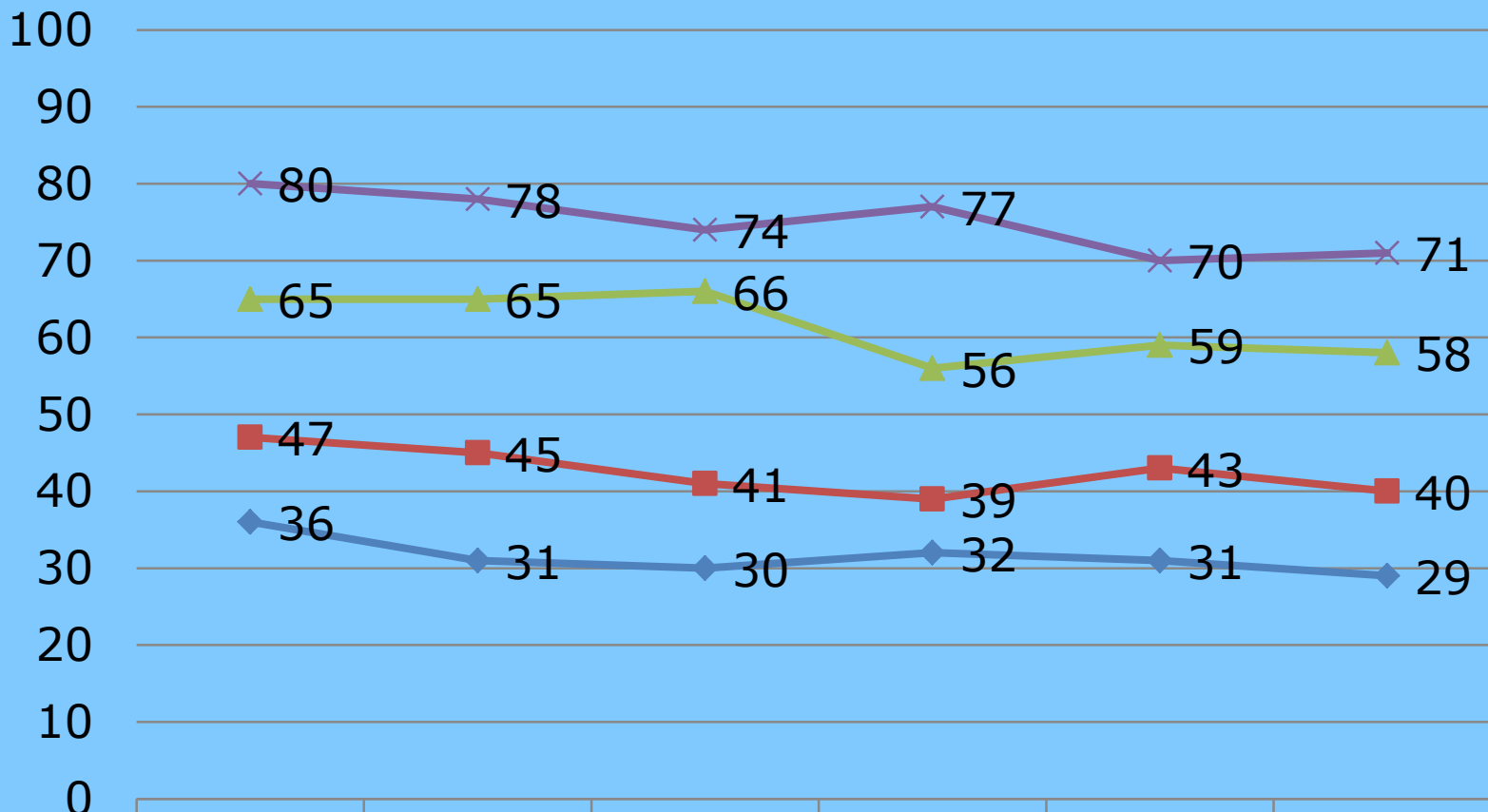


Current Alcohol Use Trends





Ever Drank Alcohol Trends

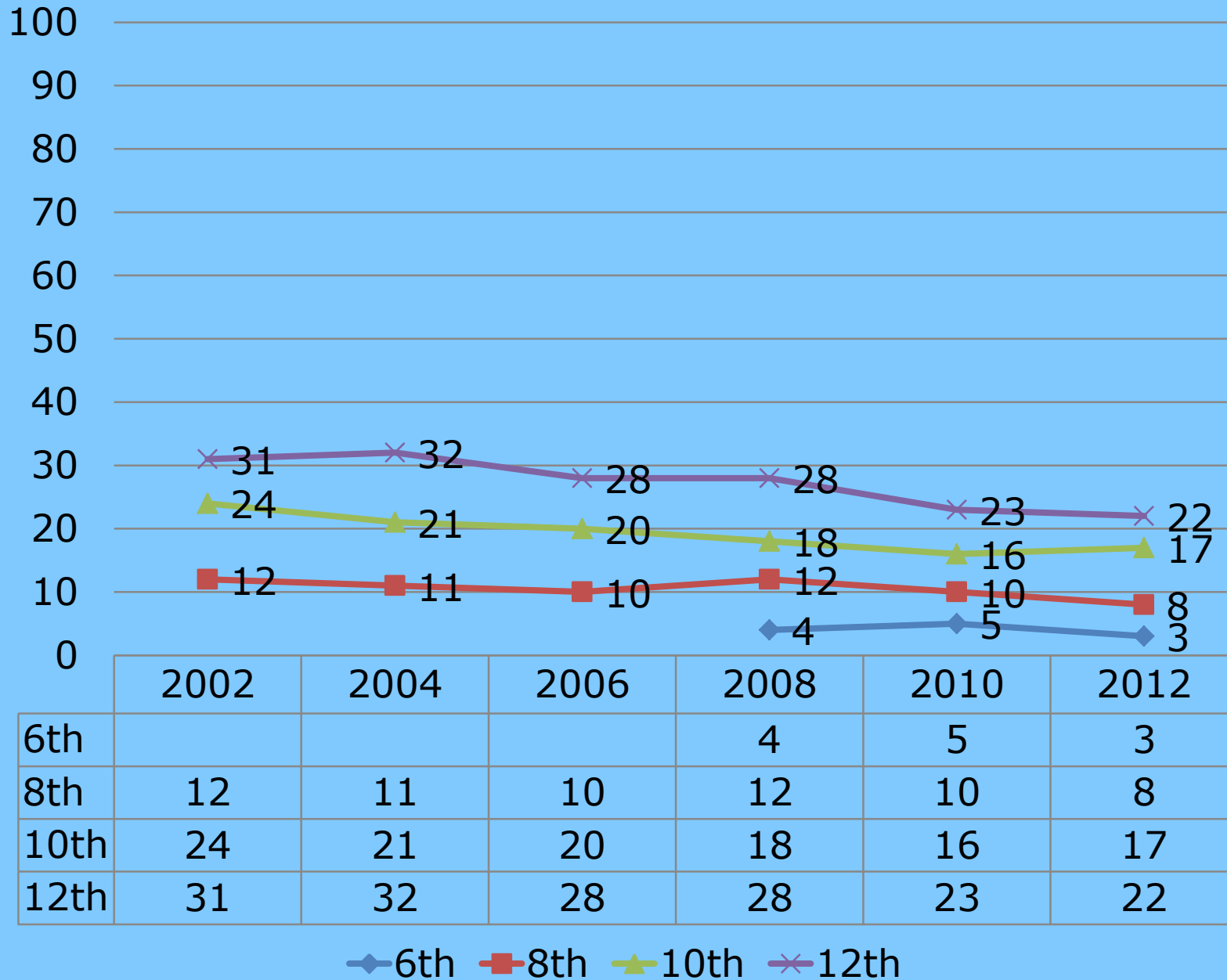


	2002	2004	2006	2008	2010	2012
6th	36	31	30	32	31	29
8th	47	45	41	39	43	40
10th	65	65	66	56	59	58
12th	80	78	74	77	70	71

◆ 6th ■ 8th ▲ 10th × 12th



Binge Drinking Trends

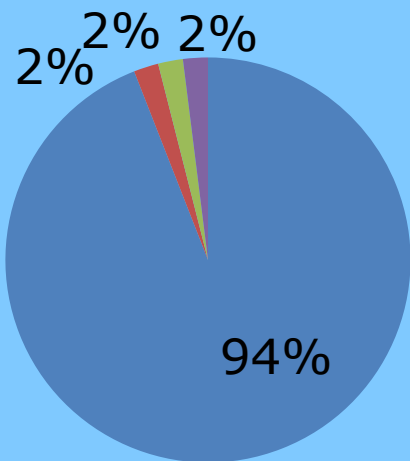




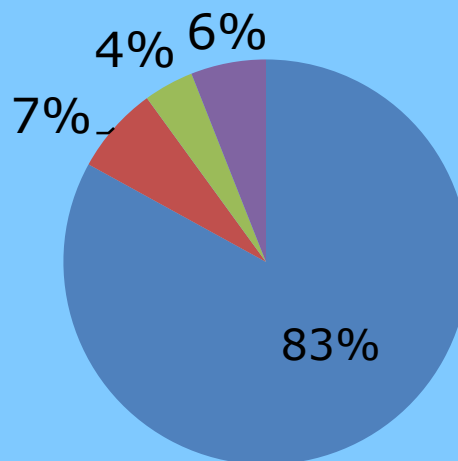
Levels of Alcohol Use

- None
- Experimental
1-2 days of drinking, no binge
- Heavy
3-5 days of drinking and/or one binge
- Problem
6+ days of drinking and/or 2+ binge

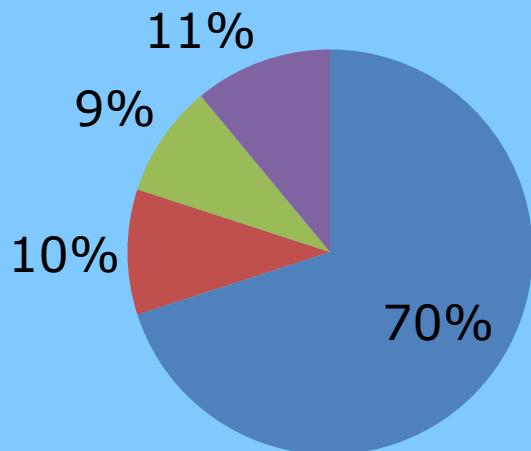
6th Grade



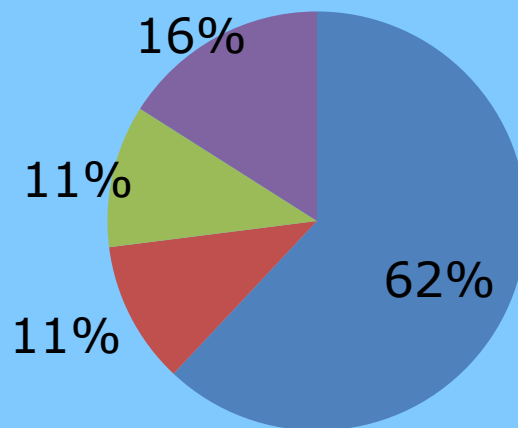
8th Grade



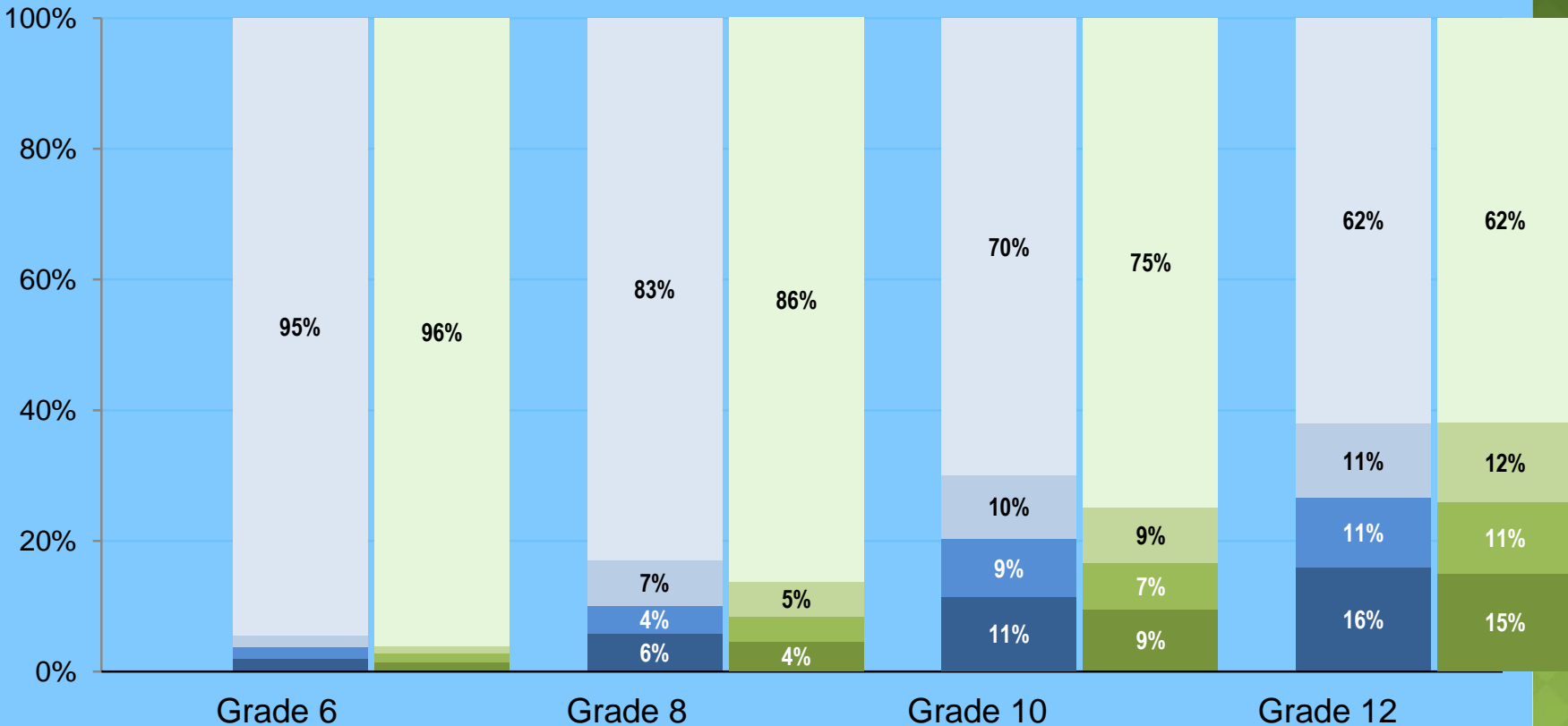
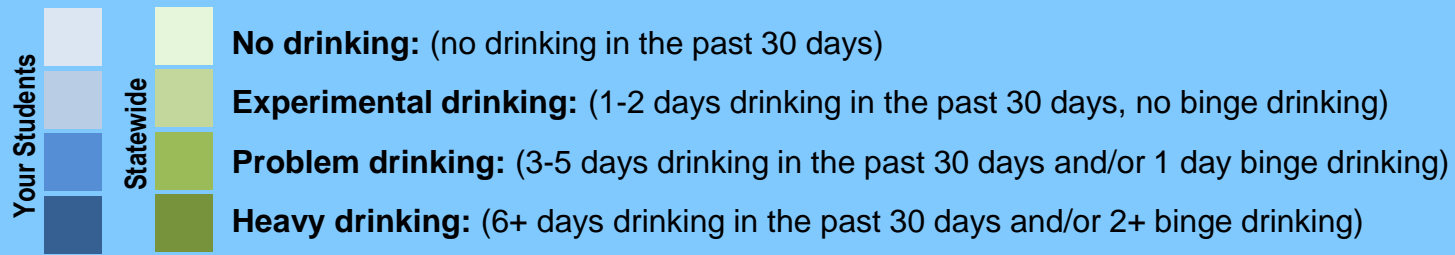
10th Grade



12th Grade

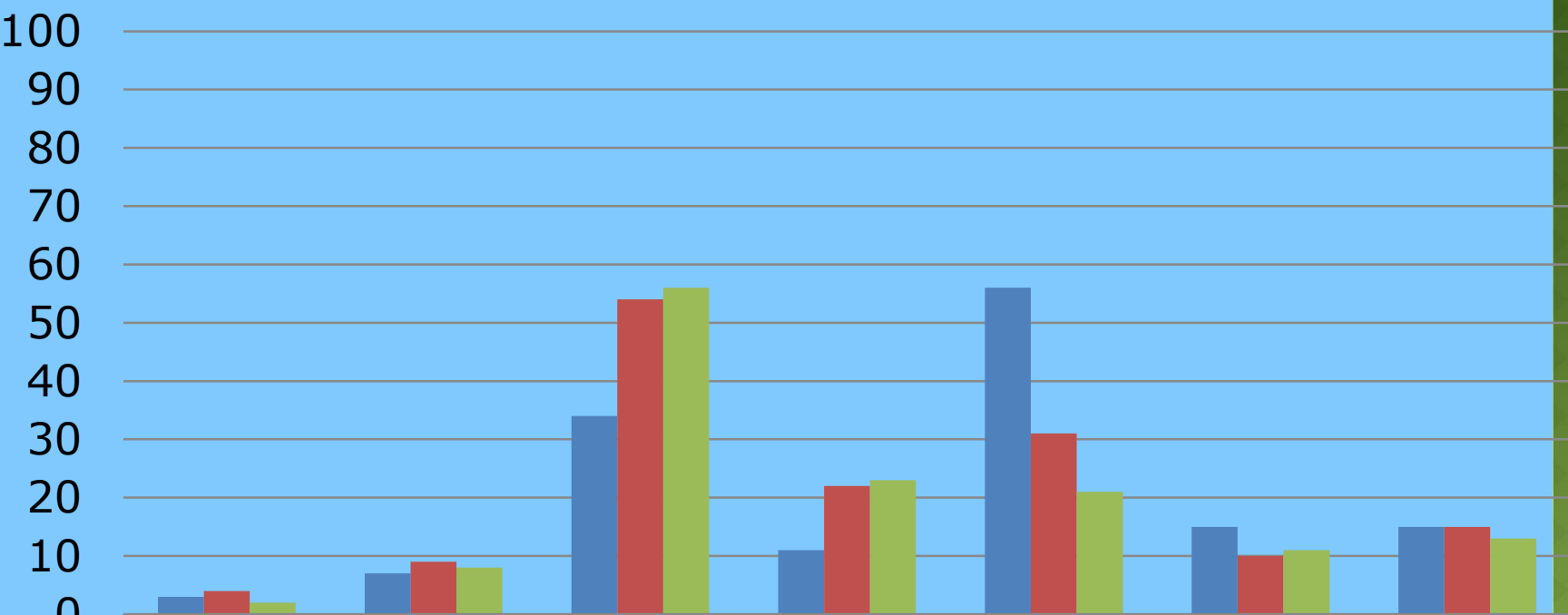


Levels of Alcohol Use





Sources for Those Who Got Alcohol



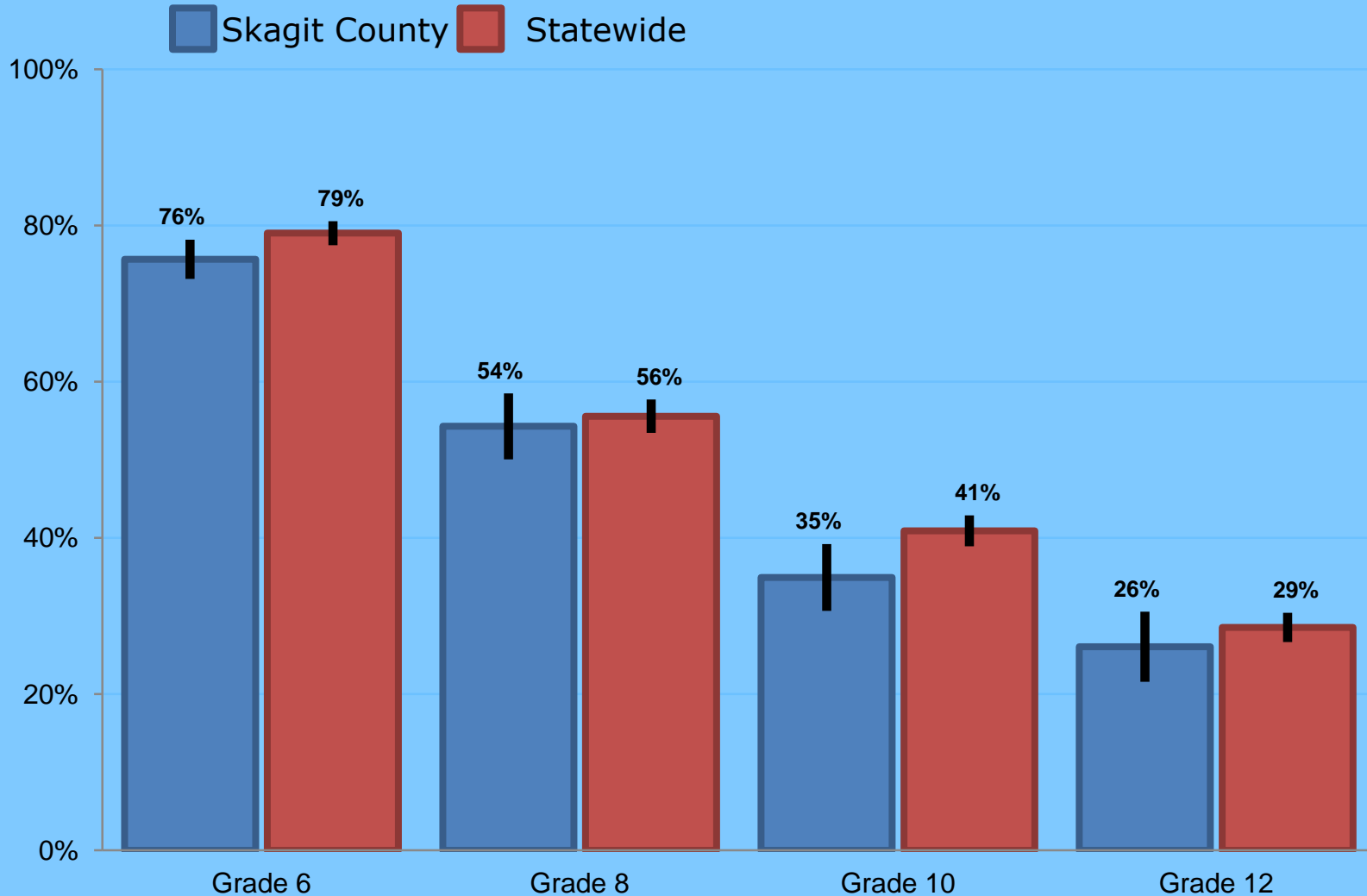
	Bought it at a store	Older sibling	Friends or at a party	Gave money to someone	Home with/out permission	Family celebration	Other
8th	3	7	34	11	56	15	15
10th	4	9	54	22	31	10	15
12th	2	8	56	23	21	11	13

■ 8th ■ 10th ■ 12th



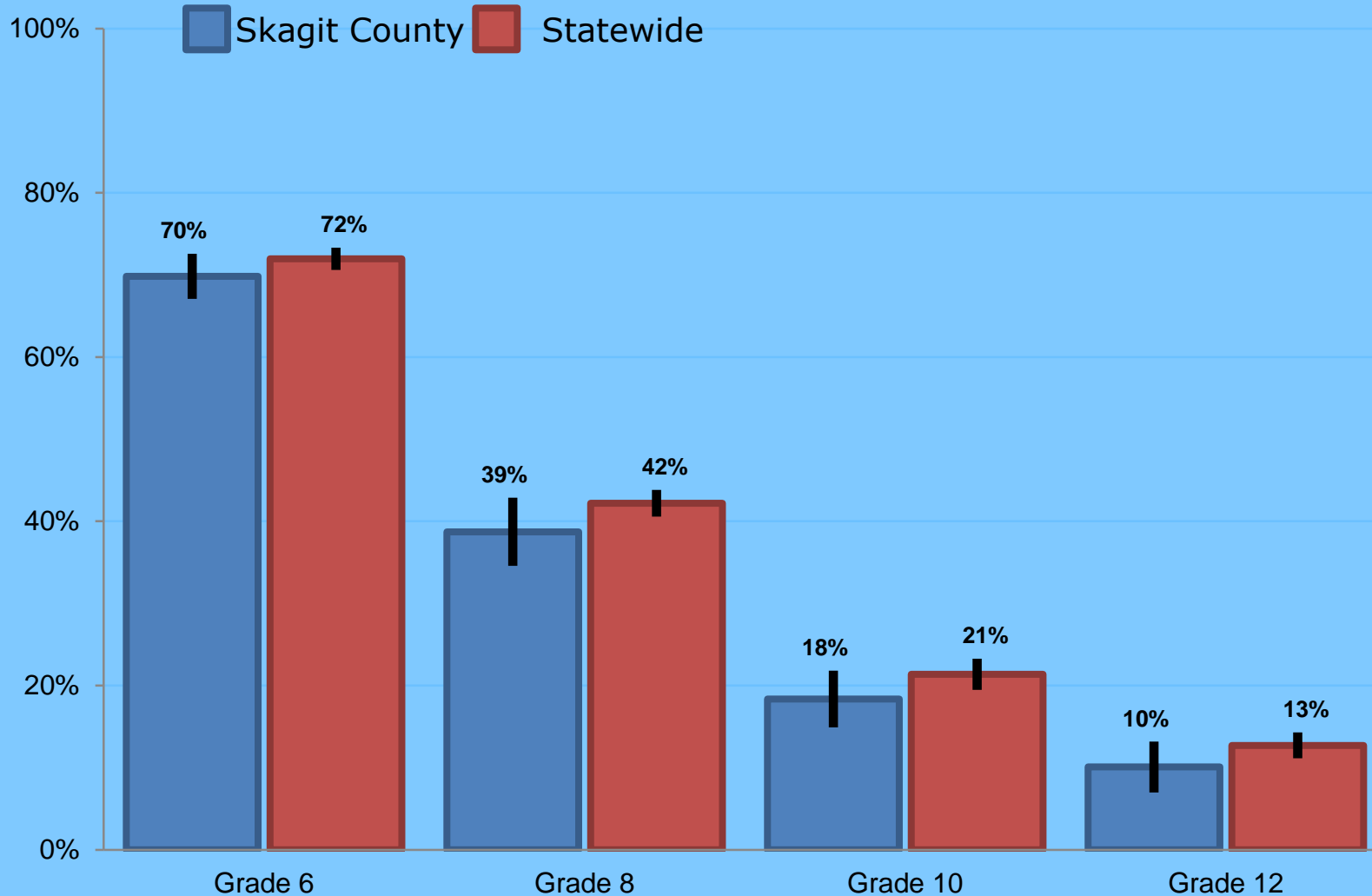
Perception of Neighborhood Norms

Percent of students who report that adults in their neighborhood think youth drinking is "very wrong"



Perceived Availability of Alcohol

Percent of students who report alcohol would be "very hard" to get



PANELIST

Tom Dixon, WA State Liquor
Control Board

Mike Lumpkin, Mount Vernon
Police Department

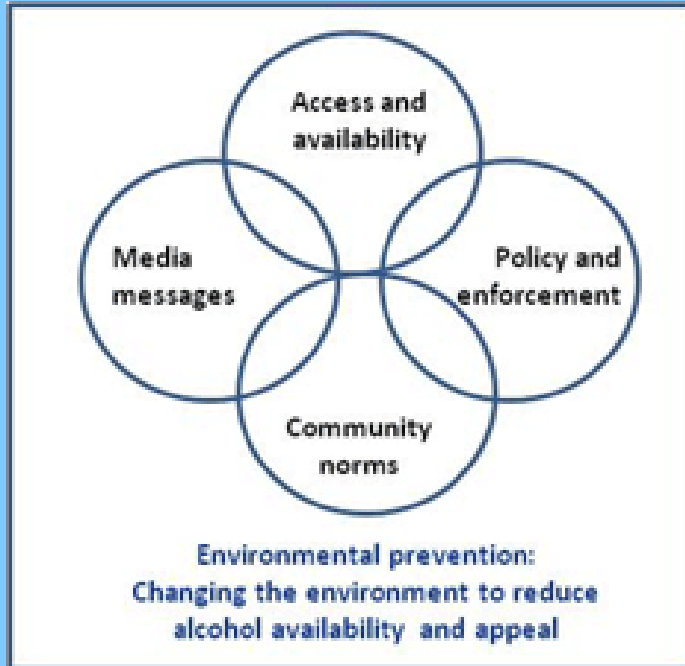
Haley, Student
Emerson High School

Susan Harris, Phoenix Recovery
Services

Best Practices – What Works



Environmental Prevention



Prevention Programs



Parent Involvement



Best Practices – What Works



Environmental Prevention

Brief descriptions of several evidence-based environmental prevention approaches follow:

- [Responsible Beverage Service](#)
- [Alcohol Compliance Checks](#)
- [Restrictions on Low-Price, High-Volume Drink Specials](#)
- [Controls on Alcohol Outlet Location and Density](#)
- [Sobriety/Traffic Safety Checkpoints](#)
- [Graduated Driver Licensing Laws](#)
- [Social Host Liability Laws](#)
- [Restricted Sales of Alcohol at Public Events](#)
- [Increased Taxes on Sales of Alcohol](#)

Best Practices – What Works



Prevention Program

Brief descriptions of several evidence-based environmental prevention approaches follow:

- Strengthening Families Program
- School-based Curriculum
- Prevention/Intervention Programs (Project SUCCESS)
- Nurse-Family Partnership

Best Practices – What Works



Parental Involvement

- Parents have a significant influence on a child's decisions about alcohol use, especially when parents create supportive and nurturing environments in which their children can make their own decisions. In fact, around 80 percent of adolescents feel that parents should have a say in whether they drink alcohol.
- Parental attitudes toward underage drinking continue to influence a child's decisions about alcohol use at college. In one study, college students whose parents had disapproved of underage drinking during their high school years were less likely to misuse alcohol during their college years, while students whose parents had allowed any alcohol use during high school drank significantly more and experienced significantly more negative consequences from alcohol use.



Upcoming Events:



- Marijuana: The Research, the Regulations, and the Reality ~ Friday, March 28th 9:30 -12:30
Register at www.sccfc.org
- Next SCCFC meeting: April 16th 9:00 – 10:30
- The Linda Nelson Community Champion Award:
Nominations opening soon...