



Skagit County Child and Family Consortium

September 17, 2014 | 9:00 a.m. – 10:30 a.m. | CCS Conference Room

Meeting Minutes

SCCFC: The Year Ahead

The SCCFC Executive Board met over the summer to update the strategic plan for the Consortium. The Consortium goals remain the same: Build Community Capacity, Enhance Utilization of Local Data, and Increase the Well-Being and Safety of Children & Families. SCCFC's 2014-2015 Objectives are:

- Increase Consortium capacity for sustained membership that represents the diversity of Skagit County.
- Create effective partnerships to optimize funding resources and expand outreach.
- Inform and educate the community on prioritized topic areas.
- Identify meaningful and useful data sources and make them accessible to community stakeholders.
- Enhance partnerships to reduce substance use/abuse among youth.
- Prevent and mitigate the effects of adverse childhood experiences (ACEs) in Skagit County.

SCCFC's 2014-2015 Strategies are:

- Reach out and connect with underrepresented members, organizations and agencies
- Support Youth United: Varsity in Volunteerism
- Serve in an advisory capacity for the Family to Family and Nurse Family Partnership Programs
- Actively participate in community health planning
- Partner with the Children's Council around early learning and ACEs
- Host networking meetings, community forums, workshops, and other educational opportunities
- Partner with community organizations to ensure data is being collected, analyzed, and used
- Education community stakeholders on effective uses of data
- Enhance the Substance Abuse Prevention Committee
- Conduct a minimum of two Strengthening Families Programs in Skagit County
- Participate in the ACEs Public-Private Initiative's Evaluation and Learning Community

Featured Topic: United Way Community Conversations, Bret Turner

United Way is hosting a series of Community Conversations throughout Skagit County. Bret explained that at a Community Conversation, a small group of Skagitonians meets for an hour for a facilitated discussion around five questions:

- What kind of community do you want?
- What challenges do you see to meeting those aspirations?
- What can we do to address those challenges?
- Who do you trust to overcome the challenges?
- What would change if we met those challenges?

The outcomes of these conversations will help guide the United Way of Skagit's align their efforts with the community's goals. For more information, or to set up a conversation, contact Bret Turner at bret@unitedwayskagit.org

Roundtable

Catholic Community Services Recovery Wellness Program is open to 16-24 year olds in recovery. This is a case management program. Contact Rebecca Peterson or Emma Ulrich for more information. CCS Treatment provides youth treatment and youth recovery court services and supports the Recovery Wellness Program. They also provide adult treatment (outpatient) services and assessments in the community. September is recovery month.

Crisis Services

Parent-Child Assistance Program (PCAP) is a home visitation case management model for mothers who abuse alcohol or drugs during pregnancy. It serves as a conduit for serves and support for mothers.

Mount Vernon Library is partnering with Farmers Markets and others for “Skagit Reads” focus on food access and equity. There is an upcoming book sale on Friday and Saturday with volunteer opportunities. The needs assessment final report for the new library is being presented at City Council on September 24th.

CCS Children’s Program is starting the Nurtured Heart. There are also some changes to the iWRAP program that is now the WISE program.

Brigid Collins Family Support Center was accredited and is now going through a certification for a new program – Promoting First Relationships. They continue to offer Triple P and the Incredible Years.

The Burlington-Edison School District school year has had a positive start. They are now providing full day kindergarten throughout the district. Students attending Allen and West View qualify for free tutoring through Title 1. Contact Jenn Angelis for more information.

The Sedro-Woolley School District school year has also had a positive start. Rinny Shelton has taken a position at the District Office and Mick Rasch is the new Student Assistance Counselor.

The At-Risk Youth & Truancy Program is now in the Office of Juvenile Court. The Truancy Board started a year and a half ago and has been a great intervention so far, focusing on collaborative accountability rather than being punitive. This board serves Mount Vernon, Sedro-Woolley, Burlington-Edison and Anacortes School Districts.

The Burlington Police Department Community Resource Officer, Jed Cates, is available for presentations in the community.

The Samish Indian Nation’s Health and Human Services has five program areas: social services, housing, health, vocational rehabilitation, substance abuse prevention, and education. Benjamin Jojola works with the Anacortes School District to teach students about the 29 federally recognized tribes in Washington State, and specifically the tribes in our region. He is also working with an upcoming wilderness program.

The Restorative Justice Program through the Volunteers of America continues to offer Parent/Teen Mediation and Victim/Offender Mediation. There is an upcoming Basic Mediation Training in November. Sean Conner with VOA is working to offer anger management classes.

Emerson High School: 90 – 95% of their population is returning students. They are now offering the TOP program in partnership with Planned Parenthood. Life Skill classes are also underway that provide one on one training with students.

The NWESD Prevention Center provides Prevention/Intervention support in the schools in a 5 county region. They just received funds to review the tobacco policies for the school districts. They have a growing mental health program in 4 out of 5 of the counties and offer chemical dependency outpatient treatment.

The Domestic Violence and Sexual Assault Services provides advocacy and support services along with a 24 hour crisis line, a shelter, and support groups (a new parent group was added last spring). There is a teen group at Mount Vernon High School focused on healthy relationships. October is domestic violence prevention month.

The La Conner School District has hired a new Director of Special Services – our own Andy Wheeler!

Secret Harbor provides therapeutic foster care and focuses on in home services. They are looking to give presentations about issues of trauma with children.

The Summer Meals program served over 4500 lunches and snacks this summer in Skagit County.

SeaMar Community Health provides substance abuse services and mental health support. They are currently working on an anger management group for teens.

The Nurse-Family Partnership is recruiting first time moms that are early in their pregnancy.

United General District 304 has undergone significant changes. PeaceHealth is now running the hospital and the District is focusing on community health through their three departments – WIC, Community Health Outreach Program, and the Fitness Center. United General District 304 is still serving as the Consortium's fiscal agent.

Consortium Updates:

The Varsity in Volunteerism (ViV) program that began as a joint venture between United General and United Way and is supported by the Consortium, has started in a third school. The program that provides a varsity letter to students who volunteer 100 hours is now in place at Concrete, Sedro-Woolley, and Burlington-Edison High Schools.

The Consortium was able to offer two ACEs trainings this summer. We haven't charged for any of our trainings in the past, but a decision was made during our strategic planning session to begin to charge a small amount for training so we are able to bring in additional training opportunities.

Closing Announcements

- Next SCCFC Meeting: October 15th
- Substance Abuse Prevention Committee: October 1st ~ 3:00 – 4:00

Attendees:

Adriana Marti, SeaMar
Andy Wheeler, LaConner School District
Benjamin Jojola, Samish Indian Nation
Bob Hicks, Skagit Co. Community Services
Bret Turner, United Way
Brian Soneda, Mount Vernon Library
Carol Hawk, United General Hospital CHOP
Debra Lancaster, United Way
Elizabeth Morgan, Brigid Collins
Emma Ulrich, CCS Recovery Wellness Program
Eric Holl, NWESD/Emerson HS
Ericka Christensen, Truancy Program
Gretchen Pickett, Animals as Natural Therapy
Heather Parker, Nurse Family Partnership
Heidi Harding, DVSAS
Jed Cates, Burlington Police Department
Jeff Brown, Burlington-Edison SD
Jenn Angelis, Burlington-Edison SD

Jennifer Walton, Health Department
Jodie DesBiens, NWESD Prevention Center
Jon Rylaarsdam, Secret Harbor
Jonna Zeiber, Catholic Community Services
Julie Thomas, Victim Support Services
Kat Mattix, PCAP
Kati Ortiz, Secret Harbor
Lex Rivers, CCS Recovery Wellness Program
Lyndie Case, SCCFC
Mick Rasch, Sedro-Woolley SD
Rebecca Peterson, CCS Recovery Wellness Program
Rinny Shelton, Sedro-Woolley SD
Samantha Gailey, Emerson HS
Shannon Yaeger, Secret Harbor
Sean Connor, Dispute Resolution Center
Tom Dixon, Liquor Control Board
Tory Sandoz, CCS Recovery
Wendi Thomas, NWESD Prevention Center

Our Vision:

Skagit County is a community where everyone feels included, hopeful, connected and motivated to maintain a healthy environment for ourselves and future generations.

Our Mission:

The Skagit County Child and Family Consortium will promote and strengthen a seamless continuum of support and services to foster safe and healthy children and families within the Skagit County Community.

Our Purpose:

Empower Skagit communities to support and respond to the needs of individual families and children. Improve the responsiveness of service for children and families.

www.sccfc.org