



Skagit County Child and Family Consortium

SCCFC General Meeting Minutes

October 15, 2014

Location: Burlington-Edison School District Conference Room, 927 E. Fairhaven Ave. Burlington

Time: 9:00am-10:30am

Community Health Planning – D. Jefferson

Presentation regarding the efforts within Skagit County to strengthen collaboration to align goals and strategies across the county in regards to health issues (ranging from personal health/wellbeing to nutrition to chemical dependency to health related illnesses). Currently the county is looking to develop a Public Health Trust Board to oversee this endeavor of aligning strategies for direct interventions in our community. Currently Skagit County is ranked 16th out of 39, and scoring average in many areas; one of the exceptional pieces of information about Skagit County is that while data reflects high scores among ACEs (Adverse Childhood Experiences), there are also high scores identifying resiliency.

Currently there is a grant available for pilot regions that will provide some funding for those regions to work on and/or accomplish a couple (2-3) of strategies. North Sound Accountable Community Health (NSACH) intends to apply for this grant. Locally, Skagit County Alliance for Healthcare Access, have been building the foundation for these endeavors through initiating the important conversations around Affordable Care act, how to become drivers of health improvement plans, and the bigger picture of the need for policies that support collaboration.

Core strategies include to:

1. Improve how we pay for services
2. Ensure focus on whole person
3. Create healthier community

To assist with aligning strategies and prioritizing interventions, they will be utilizing the Robert Wood Johnson Ranking model. There is a County Health Rankings website that will show data specific to Skagit County (<http://www.countyhealthrankings.org/rankings/data/wa>). There is a focus on Prevention Framework being geared towards more evidenced based practices to decrease preventable health conditions. In addition, there is a desire to acknowledge the issue around funding being a primary barrier (across the state – not just the county) and trying to move towards systems (mental health, social services, chemical dependency, medical care, etc.) collaborating better together to serve the individual person and ultimately improving the social and physical environments for that individual and across the county.

Round Table

General members took the opportunity to share great things that are happening in the community:

- Brian Soneda shared that the Mt. Vernon Public Library has events occurring throughout the fall for youth in our community
- Rotary is hosting an event at the Varsity – all proceeds go to the community and support programs for youth
- Youth Net is currently looking for a community director
- For those who are unaware, the Landing offers networking opportunities/support for parents and/or caregivers of youth who are accessing their program
- Nurse Family Partnership is an evidenced based program working with first time mothers; this program is a long-term program and has demonstrated great outcomes for families that engage in services with them
- North West Behavioral Health (NWBH) Care Services offer co-occurring program for youth in Portland, OR; the facility is locked, but the family does need private pay insurance to access this resource
- Wellness in Recovery program is offered through Catholic Community Services (CCS) for youth ages 16-24; must be a resident in Skagit County
- Children's Council is partnering with United Way and Nov. 8th will launch outreach of Early Childhood Intervention
- Argus Luncheon is occurring November 21
- Substance Abuse Prevention Committee will be meeting 10/22 from 2:30-3:30pm
- Community Forum/Presentation on Underage Drinking December 2nd 9am-12pm; Linda Becker will be speaking on alcohol since privatization
- Cultural Festival will be holding their Silent Auction to help fund the festival that occurs annually in May; benefits assist with funds for performers to travel to the event and to offset costs to help the festival be FREE to community members
- Parks and Rec for Skagit County are willing to help with event planning
- Burlington has continued to meet with youth in the community for the HUB program and are working on projects for the upcoming year; last year they held a concert for youth at Common Ground and this year they are looking at developing a council for youth that will assist with connecting them with business leaders and adults in the community

Attendees:

April Wickline, NWESD
Andy Wheeler, LaConner School District
Benjamin Jojola, Samish Indian Nation
Bob Hicks, Skagit Co. Community Services
Bob Wicks, Northwest Behavioral Healthcare Services
Bill Cheney, Mount Vernon Schools
Bret Turner, United Way
Brian Soneda, Mount Vernon Library
Byron Manering, Brigid Collins
Clint Weckerly, Mt Baker Planned Parenthood
Debra Lancaster, United Way
Diane Linnell, DSHS
Eric Holl, NWESD/Emerson HS

Heather Parker, Nurse Family Partnership
Jed Cates, Burlington Police Department
Jeff Brown, Burlington-Edison SD
Jenn Angelis, Burlington-Edison SD
Jennifer Walton, Health Department
Jodie DesBiens, NWESD Prevention Center
Lex Rivers, CCS Recovery Wellness Program
Lyndie Case, SCCFC
Mick Rasch, Sedro-Woolley SD
Rinny Shelton, Sedro-Woolley SD
Samantha Gailey, Emerson HS
Sean Connor, Dispute Resolution Center
Tory Sandoz, CCS Recovery